

RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: World AIDS Day

- An event to raise awareness on HIV/AIDS

2. Date & venue: 1st December 2021, BND-I Classroom

3. Description of activity:

World Aids Day observed annually on December 1st, is dedicated to raising awareness to the Aids pandemic caused by the spread of HIV infection. The "Umang Geetai College of Women's Education", observed this event by involving young students of NSS in the awareness campaign.

The NSS and Rotract unit of "Umang Geetai College of Women's Education", Panjra, Nagpur had organized a program to create awareness about AIDS-a dreadful disease, among the people in the community.

The NSS Volunteers of "Umang Geetai College of Women' Education," prepared posters on the theme: causes of AIDS and preventive measures. First year Nutrition & Dietetics student Ms. Prachi Hanwat & Ms. Twinkal Bhawatkar 2nd year student and Ms. Nilima bondre student of Fashion & Apparel Design first 1 created awareness through their speech.





Student of the college creating awareness about Aids among the college students

एड्स जनजागृतीबाबत कार्यक्रम

उमंग गीताई कॉलेज ऑफ वुमेन्स एज्युकेशनचे आयोजन

वार्ताहर / कोराडी

जागितक एड्स दिवस म्हणून बुधवार, १ डिसेंबर हा दिवस सर्वत्र पाळला जातो. या दिवसाचे औचित्य साधून उमंग गीताई कॉलेज ऑफ वुमेन्स एज्युकेशन, नागपूर यांच्या बतीने एड्स जनजागृतीच्या कार्यक्रमाचे महाविद्यालयात आयोजन करण्यात आले होते. महाविद्यालयाच्या रासेयो व रोट्रॅक्ट विभागाद्वारे कार्यक्रमात सहभागी विद्याथ्याँमध्ये जनजागृती करण्यात आली.

कार्यक्रमामध्ये विद्यार्थ्यांद्वारे भाषण व पोस्टर सादर करून समाजामध्ये आपण कशाप्रकारे जनजागृती करू शकतो याचे प्रत्यक्ष उदाहरण सादर केले. उपस्थित



विद्यार्थिनींपैकीं प्राची हनवत व ट्विकल भावतकर बॅचलर ऑफ न्यूट्रिशन एन्ड डायटेटिक्स विभाग भाग-२ आणि नीलिमा बोन्द्रे फॅशन एन्ड ऑपरल डिजाईन भाग-१ यांनी आपले विचार मांडले. तर पोस्टर प्रेझेंटिशनद्वारे मेघा लाहारे, अपिंता मानवटकर, मीना नानोटे, किरण झेलगोंडे, रिमझिम मैत्री यांनी विद्यार्थ्यांमध्ये जनजागृती केली. संचालन इशिता चावला बॅचलर

ऑफ न्यूट्रिशन एन्ड डायटेटिक्स भाग-१ तर आभार मेघा लाहारे फॅशन ॲन्ड ॲपेरल डिजाईन भाग-१ यांनी केले. कार्यक्रमात महाविद्यालयाचे शिक्षक प्रा. रुबिका नारनवरे, प्रा. रश्मी उईके रासेयो प्रमुख प्रा. तृप्ती डोंगरे, प्रा. कविता कनोजिया, प्रा. रोशनी डहारे, प्रा. प्रीती मानकर उपस्थित होते. कार्यक्रमात एकूण ८७ विद्यार्थिनींनी आपला सहभाग नोंदविला.



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: Report on Anti-Ragging Day

2. Date & venue: 30th Nov. 2021, BND-I Classroom

3. Objective of the programme:

- i) To aware the students of dehumanizing effect of ragging inherent in its perversity.
- ii) To keep a continuous watch and vigil over ragging so as to prevent its occurrence and recurrence.
- iii) Promptly and stringently deal with the incidents of ragging brought to our notice.
- iv) To generate an atmosphere of discipline by sending a clear message that no act of ragging shall be tolerated and any act of ragging shall not go unnoticed and unpunished.

4. Description of activity:

A One Day Workshop on Ragging Free Campus was organized by A Ragging Cell and Department of home Science of "Umang Geetai College of Women's Education", Nagpur, on 30th Nov. 2021 at 01.00 pm. All the students' studying various Programmes in different departments of the college participated in the workshop.

Prof. Roshani Dahare of UGCWE, welcomed the gathering. The NSS head Prof. Trupti Dongre, while Inaugurating, insisted the students to take oath in order to ensure a ragging free campus. Dr. Atul B. Tekade, Principal and Chairperson of Anti-ragging committee of UGCWE, delivered the Presidential address.

During the commencement of her speech, she started the lecture with a question, "Is our College, a ragging free campus?" and the answer from the gathering was "Yes". And this has been followed by a few other questions relating to ragging like what is ragging? What makes students to engage themselves in ragging? When they enter into a college? and so on. Followed by the questions, he

continued his speech, with the college experiences of his, regarding ragging, places where the ragging starts (Canteen, places where the students gather in colonies) and other related issues of any sort of ragging; staff have been on vigil which makes the campus ragging free. He mentioned in her speech that any kind of ragging has to be reported and the remedial measures/actions are to be carried out through various sections of Indian Penal Code, laws from UGC and various other ragging welfare organisations. The second session of Workshop was on Sexual Harassment in the College Campus by Prof. Trupti dongre, NSS Head and member Anti ragging committee, UGCWE. She has narrated the guidelines of UGC, Honorable courts and various welfare organisations to control the evil practices. The Anti-Ragging Cell program came to end with the vote of thanks by Prof. Trupti dongre.



Prof. Roshani Dahare, member anti-ragging committee of UGCWE, welcoming the gathering





Students creating awareness among the students about Anti-ragging



Students of the college taking oath in order to ensure a ragging free campus



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: Report on Children's Day

2. Date & venue: 26th November 2021, Tejaswini School, Nagpur

3. Objectives of the activity:

To create awareness about Children's Welfare and their basic rights, as well as to celebrate childhood.

4) Description of activity:

"There is no garden as beautiful as childhood". A day marking childhood was celebrated with fun and frolic by Umang Geetai College of Women's Education, Nagpur at Tejaswini School, Koradi, Nagpur. It all began with a special school assembly.

Later students were moved to the class room to experience a power packed programme specially arranged for the children. Teachers gave various performances for the students in order to exhibit their love and affection for them. The class was buzzing with excitement and joy.

The NSS and Rotract department of Umang Geetai College of Women's Education, Nagpur had celebrated Children's Day in association with Tejaswini school, Koradi, Nagpur. To highlight the importance of the day an informative speech was delivered by the Principal Dr. Atul B. Tekade of the Umang Geetai College of Women's Education, Nagpur. Mr. Rewatkar, Principal Tejaswini School was present with Dr. Roshankhede. The day ended with distribution of fruits, biscuits', chocolates to the students and wonderful memories lingering in everybody's minds.

Introduction and Vote of thanks for the program was provided by NSS head Prof. Trupti Dongre Nutrition & Dietetics student Ku. Prachi Hanwat of 1st year.

Around 45 students, of the college participated enthusiastically in the childrens day celebration at Tejaswini School. Teaching staff Prof. Rashmi Uikey, Dr. Nirmala Suryawanshi, Prof. Husna Zaki, Prof. Rubica Narnaware, Prof. Trupti Dongre, Prof. Kavita Kanojiya, Prof. Roshani Dahare, Prof. Priti Mankar, was present for the event.



Dr. Roshankhede, Faculty Tejaswini College, Koradi, giving the speech



Fruit distribution to the students



BND student Ms. Zubiya Ghazi giving the speech to the students

उमंग गीताई कॉलेजतर्फे बालक दिनाचे आयोजन

वार्ताहर/कोराडी

उमंग कलानिकेतन एज्युकेशन सोसायटी, नागपूर अंतर्गत येणाऱ्या उमंग गीताई कॉलेज ऑफ व्रमेन्स एज्यकेशन, नागपुरच्या राष्ट्रीय सेवायोजना विभागाअंतर्गत बालक दिनानिमित्त तेजस्विनी विद्यालय, कोराडी, नागपूर येथे दि. १५ नोव्हे. २०२१ रोजी बालक दिनाचे आयोजन करण्यात आले. याप्रसंगी तेजस्विनी विद्यालयाचे प्राचार्य रेवतकर सर, प्रा. डॉ. रोशनखेडे मॅडम व प्रा. भोंगाडे सर मंचावर उपस्थित होते. उमंग महाविद्यालयातर्फेप्राचार्य डॉ. अतुल टेकाडे, प्रा. हस्ना झाकी आणि

रासेयो प्रमुख प्रा. तृप्ती डोंगरे व रासेयो विभागाचे विद्यार्थी उपस्थित होते.

पंडित जवाहरलाल नेहरू यांच्या प्रतिमेला तेजस्विनी विद्यालयाचे प्राचार्य प्रा. रेवतकर यांनी माल्यार्पण व दीपप्रज्ज्वलन करून करण्यात आली. याप्रसंगी प्रा. डॉ. अतुल टेकाडे यांनी बालक दिनाचे महत्त्व देऊन विद्यार्थी-विद्यार्थिनींना शभेच्छा दिल्या. महाविद्यालयाच्या प्रा. हस्ना झकी विद्यार्थी जीवन बाल्यावस्थेत न्युट्रिशनचे महत्त्व यावर आपले विचार मांडले. तेजस्विनी महाविद्यालयातर्फे प्राचार्य

रेवतकर व प्रा. डॉ. रोशनखेडे मॅडम यांनी विद्यार्थिनींना प्रोत्साहनपर भाषणे दिले. कार्यक्रमादरम्यान महाविद्यालयाच्या विद्यार्थिनी झबीया गाझी, आरती सोनटक्के, हर्षदा गर्जाभये, सायमा शेख व अदिती सोनटक्के यांनी आपली भाषणे दिली. यानंतर महाविद्यालयातर्फे विद्यार्थ्यांना फळे. चॉकलेट, बिस्कीट इ.चे वाटप करण्यात आले. कार्यक्रमानंतर तेजस्विनी विद्यालयाच्या विद्यार्थ्यांकरिता वेगवेगळे मैदानी खेळांचे आयोजन करण्यात आले. संचालन प्रा. तृप्ती डोंगरे तर आभार मानसी मोतीकर हिने केले.



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: Report on Constitution Day

2. Date & venue: 26th November 2021, Umang College, Nagpur

https://forms.gle/v7F5v4ZeKCEH3G7EA

3. Objectives of the activity:

a) Promote constitutional values among citizens

- b) To abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem;
- c) To reiterate and reorient the citizens towards the values and principles expressed in the Indian Constitution

4) Description of activity:

The existence and successful survival of 'Democracy' in such diverse conditions is the most celebrated fact about our country and constitution is its backbone. To reinforce the significance and importance of constitution the government of India declared 26th of November as Constitution Day on 19th November 2015 by a gazette notification in remembrance of the Father of Indian Constitution, **Dr. B R Ambedkar.**

Constitution Day (National Law Day), also known as "Samvidhan Divas", is celebrated in India on 26th November every year to commemorate the adoption of the Constitution of India. On 26th November 1949, the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26thJanuary 1950.

The 72nd "Constitution Day" was celebrated by NSS Unit of "Umang Geetai College of Women's Education", Nagpur in the college. The chief guest for the program was Mrs.

Vaishali Fuley madam, Director, "Umang Geetai college of Women's Education", Nagpur and Dr. Atul Tekade, Principal, Umang Geetai College of Women's Education Nagpur.

The program was started with the lamp lighting to photo of Dr. B. R. Ambedkar and Savitribai Fule by the hands of the chief guest Mrs. Vaishali Fuley. Nutrition & Dietetics student Ku. Harshad Gajbhiye of 1st year introduced the guests of the program.

She emphasized the importance of Constitution Day, the significance of its celebration and commemorated the people who contributed to the development of Indian constitution. She highlighted the basic differences of Indian constitution than that of other countries with examples indicating the prerequisites of the constitution such as societal, familial and individual needs.

Principal Dr. Atuk B. Tekade said the preamble of Indian Constitution i.e. India to be a sovereign, socialist, secular and democratic republic which is aiming to secure justice, liberty, equality to all citizens and promote fraternity to maintain unity and integrity of the nation were stressed in his speech as these rights are necessity and are not a privilege.

NSS head Prof. Trupti Dongre expressed that the chairperson of drafting committee Dr. B. R. Ambedkar was the eminent scholar of India. Because of his we live with equality & unity. In the next speech of this programme Dr. Atul Tekade Sir talks about constitution in the world. Program was marked by the conduct of a 'Special Assembly' of the students in the college. While taking the pledge ceremony, the assembly class echoed with the words "We the people of India.....". On this occasion online Essay and Poster making Competitions were organized for the students on the link https://forms.gle/v7F5v4ZeKCEH3G7EA. Online certificates were distributed to all the participants of the competition. The debate and speeches of the students were organized in the college. Many students of College participated in the speech and debate competition. Bachelor of Nutrition & Dietetics students, Ku. Arshiya Siddiqui, Ku. Vaishanavi Borkute from 2nd year and Ku. Ishika Chawala, Ku. Aditi Sontakke, Ku. Manasvi Murkute, Ku. Pooja Madavi, Ku. Meena Nanote, Ku.Arpita Manwatkat, Ku. Apoorva Misal, Ku. Saima Sheikh and Ku. Alfiya Ansari had participated in the program by their beautiful speeches. Students from Nutrition & Dietetics, ashion & Apparel Design and Bachelor of Management Studies had participate in the program.

Vote of thanks for the program was provided by Nutrition & Dietetics student Ku. Prachi Hanwat of 1st year.

Around 75 students, of the college participated enthusiastically in the sessions Teaching staff Prof. Rashmi Uikey, Dr. Nirmala Suryawanshi, Prof. Husna Zaki, Prof. Rubica Narnaware, Prof. Trupti Dongre, Prof. Kavita Kanojiya, Prof. Roshani Dahare, Prof. Priti Mankar, prof.

Nisha Girjapure and non teaching staff Librarian, Mrs. Deepali Uikey, Mr. Nilesh Meshram, Mr. Pawan Karmele was present for the webinar.



In-augural function of "Constitution Day"



Poster making competition on the occasion of "Constitution Day"







दृष्टिक्षेप

उमंग गीताई कॉलेजमध्ये संविधान दिवस



वार्ताहर/कोराडी

उमंग गीताई कॉलेज ऑफ वुमेन्स एज्युकेशन, कोराडी रोड, पांजरा, नागपुर येथे रासेयो विभागाच्या वतीने ७२ व्या संविधान दिनानिमित्त माझा संविधान माझा अभिमान या उपक्रमाचे आयोजन करण्यात आले. सर्वप्रथम डॉ. बाबासाहेब आंबेडकर व सावित्रीबाई फुले यांच्या प्रतिमेला हार अर्पण करून कार्यक्रमाची सुरुवात करण्यात आली. कार्यक्रमाला महाविद्यालयाच्या संचालिका वैशाली फुले प्रमुख पाहुणे म्हणून लाभल्या होत्या. त्याचप्रमाणे प्राचार्य डॉ. अतल टेकाडे हे देखील उपस्थित होते. कार्यक्रमामध्ये विद्यार्थी व शिक्षकाद्वारे भारतीय संविधानाच्या प्रास्ताविकेचे वाचन करण्यात आले. याप्रसंगी महाविद्यालयातर्फे ऑनलाईन निबंध स्पर्धा व पोस्टर मेकिंग स्पर्धेचे आयोजन करण्यात आले. सहभागी सर्व विद्यार्थिनींना ऑनलाईन प्रमाणपत्रांचे वाटप करण्यात आले. तसेच महाविद्यालयात विद्यार्थिनींची भाषणे व डिबेट स्पर्धा आयोजित करण्यात आली होती. या कार्यक्रमामध्ये सुमारे ७५ विद्यार्थिनींनी सहभाग घेतला. याप्रसंगी कॉलेजचे सर्व शिक्षकवंद प्रा. रुबिका नारनवरे, डॉ. निर्मला सुर्यवंशी, प्रा. रश्मी ऊईके, प्रा. रोशनी डहारे, रासेयो प्रमुख प्रा. तुप्ती डोंगरे, प्रा. प्रिती मानकर, प्रा. हुस्ना झकी, प्रा. कविता कनोजिया, प्रा. निशा गिरजापुरे तसेच सहकर्मचारी निलेश मेश्राम, पवन करमेले, दीपाली उईके, गौरव गावंडे, मधुकर डांगे, दर्शना व वंदना यांनी कार्यक्रमाला उपस्थिती लावली, प्रास्ताविक प्रा. हर्षदा गजभिये तर आभार प्राची हनवट हिने मानले.



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: One Day workshop on "How to improve

Communication Skills"

2. Date & Mode: 12th November 2020, ONLINE at 02.00 pm to 03.00 pm

3. Resource Person: Mr. Rutul Verma, The Director, ORANE International School

of Beauty & Mrs. Rucha Indurkar, Center Head, Nagpur

Wellness, Nagpur

4. Objectives of the Webinar:

i) Principles to guide students' interactions

- ii) Emotional Intelligence to manage challenging conversations
- iii) Key components of communication to achieve the outcome
- 5. Description of activity:

A one-day workshop on "How to improve Communication Skills" for the students of the college was organised by department of Management and Home Science- on 28th April 2022 from 11.00 am in 'Umang Geetai College of Women's Education', Nagpur.

The Resource person, for the workshop was Mr. Rutul Verma, The Director, ORANE International School of Beauty & Mrs. Rucha Indurkar, Center Head, Nagpur, Wellness, Nagpur.

The workshop was started by the floral welcome to the guests. In the inaugural speech, Dr. Tekade urged the participants to make use of the workshop to the maximum extent possible in order to enhance their communication skills – both oral and written.

During the session of the workshop Mrs. Rucha Indurkar, Center Head, made a presentation on Basic Writing Skills which covered areas like Punctuation, Commonly Confused words and Basic Grammar. The session was highly informative and motivating. The speaker engaged the students in continuous one on one discussion which made it even more interesting. Mr. Rutul Verma, The Director, ORANE International School also answered lots of queries of the audience of the session and the session concluded with a vote of thanks by Dr. Atul B. Tekade.

More than 60 students of the college benefitted tremendously with this session and their engagement with the speaker proved to be an excellent platform to make strong communication skills for their careers.

This workshop has focused to teach students on their outcome, tune in to their audience, and develop their messages for clarity and impact.

The Teaching faculty Prof. Trupti Dongre, Prof. Husna Zaki, Prof. Rashmi Uikey, Prof. Kavita Kanojiya, Prof. Roshani Dahare were also present for the programme.



Mrs. Rucha Indurkar, Center Head, explaining about the communication skills





Question & Answer session at the time of workshop



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: International Woman's Day

Theme: International Women's Day: "Gender equality today for a sustainable tomorrow." - Break The Bias

- **2. Date & Venue**: 08th March 2022, Tuesday, BND-I Class room.
- 3. Objectives of the Event:
- i) Celebrates women's achievements from the political to the social while calling for gender equality.
- ii) To recognise the inequalities while celebrating the achievements of women who have overcome the barriers.
- iii) To achieve full gender equality for women the world has still not been realised.
- iv) To fill the global equality gap between men and women disappears entirely

4. Name of speakers/Guest:

Mrs. Vasudha Khandekar, an Entrepreneur, Design String, Fevicryl Expert Teacher and social Worker, Nagpur. Director Mrs. Vaishali Fuley, Director of "Umang Geetai College of Women's Education", Nagpur, and Principal Dr. Atul B. Tekade,

5. Description of activity:

The NSS unit and Women empowerment cell of the college organized an event to Celebrate Women's day on 08th March 2022. The programme was started with lamp lighting

to the photos of godess Saraswati and Savitribai Fuley. It was a great moment when a woman from the women's group voluntarily came forward to share her views, desires and aspirations. The chief guest for the programme was Mrs. Vasudha Khandekar, an Entrepreneur, Fevicryl expert teacher and social worker from Nagpur. While addressing the students she spoke that girl like Arunima Sinha is an Indian mountain climber and sportswoman. She is a seven time Indian volleyball player, mountaineer. She said, continuing to examine the opportunities, as well as the constraints, to empower women and girls to have a voice and be equal players in decision-making related to climate change and sustainability is essential for sustainable development and greater gender equality. Without gender equality today, a sustainable future, and an equal future, remains beyond our reach.

Mrs. Vaishali Fuley spoke from her own experience that we too had desires and aspired that we want to be someone. But then our desires were cut off as we were deprived of education. Today, we are awakened women should not repeat the same thing with our children. Instead let us take this opportunity to educate our children, specially girls fulfil their desires and be glad that they have become what we wanted them to be. This great awareness of Mrs. Vaishali Fuley silenced the whole crowd and awakened them towards the betterment of each individual, family and society.

It took around 3 hours to end the programe. Everybody enjoyed the program a lot. Sweets were kept for refreshment. The teachers blessed the all students and thanked them at the end of the program for such big efforts.

Total 88 students of Umang Geetai College of Women's Education, Nagpur had participated in the event and enjoyed the session.

6. Proceedings of the Event:

The NSS head Prof. Trupti Dongre opened the session by narrating the importance of the day. Vote of thanks provided by Prof. Husna Zaki.

Prof. Husna Zaki, Prof. Rubica Narnaware, Prof. Kavita Kanojiya, Prof. Rashmi Uikey, Prof. Roshani Dahare, Dr. Nirmala Suryawanshi, Prof. Gaurav Gajbe and other non teaching staff were present in the program.

i) Outcome of activity:

- ✓ Good Change in Women's faculty and girl student lives.
- ✓ Women faculty and girl students came out of Stress due to this program.

- ✓ Proud feeling to Women faculty and girl students.
- ✓ Confidence is enhanced.

7. Conclusion:

- ✓ Girls students & faculty confidence is enhanced.
- ✓ Girl students and faculty came out of stress.
- ✓ Every women faculty and girl students are happy after celebration of International Women's Day.



Lamp Lighting to the photo of Savitribai Phule on the occasion of the International Women's Day



Welcome of the guest



Director, UGCWE, addressing the students



Chief Guest of the programme Mrs. Vasudha Khandekar addressing the students



उमंग गीताई महाविद्यालयात महिलांचा गौरव

लोकशाही वार्ता/नागपूर

उमंग गीताई कॉलेज ऑफ वूमेन्स एज्युकेशन, कोराडी रोड, पांजरा, नागपूर येथे जागतिक महिला दिन निमित्त कार्यक्रम आयोजित करण्यात आला. कार्यक्रमाप्रसंगी प्रमुख अतिथी म्हणून महिला उद्योजग वसुधा खांडेकर, नागपूर महाविद्यालयाच्या संचालिका

वैशाली फुले उपस्थित होत्या.

महाविद्यालयाच्या संचालिका वैशाली फुले यांनी विद्यार्थिनींना महिला दिनाची सुरुवात कशाप्रकारे झाली, याबाबत माहिती दिली. तसेच महिलांमध्ये असणारी शक्ती, सहनशीलता यावर बोलताना त्यांनी वेगवेगळ्या क्षेत्रामध्ये भरारी घेतलेल्या महिलांची उदाहरणे देऊन विद्यार्थिनींना प्रोत्साहित केले. महाविद्यालयाचे प्राचार्य डॉ. अतुल टेकाडे यांनीही महिला दिनाच्या सर्वांना शुभेच्छा दिल्या. प्रा. तुप्ती डोंगरे व प्रा. हुस्ना झाकी यांनी सुद्धा स्त्री शक्ती विषयी आपले मत व्यक्त केले. बॅचलर ऑफ न्यूट्रिशन ॲन्ड डायटेटिक्स विभागाच्या कु. तुबा सय्यद, जान्हवी यादव, भारती भैसारे यांनीही सक्षम महिला यावर मत मांडले. कार्यशाळेदरम्यान उपस्थितांना प्रमुख अतिथी वसुधा खांडेकर यांनी मार्गदर्शन केले.



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: "Celebration of Marathi Matrubhasha Diwas"

2. Date & venue: 28th February 2022, BND-I Classroom

3. Objectives of the Event:

- i) Language is the root map of our culture and we have to make an efforts to preserve our root languages, thus to eradicate the language barrier this day is celebrated.
- ii) To take pride in the language of the state and not be weary of marking the day.

4) List of speakers/Guest of Honour:

Director Mrs. Vaishali Fuley, Director of "Umang Geetai College of Women's Education", Nagpur, Principal Dr. Atul B. Tekade, Faculty Members and nonteaching staff were present for the event. Prof. Turpti Dongre NSS Head, UGCWE

5) Description of activity:

"Umang Geetai College of Women's Education", Nagpur, celebrated 28th February 2022, as a Marathi Bhasha Diwas, on the occasion of the birth anniversary of noted Marathi litterateur V.V Shirwadkar alias 'Kusumagraj. Kusumagraj, born on 27th February 1912, was an eminent Marathi poet, playwright, novelist, short story writer and humanist. In his writings, he wrote about freedom, justice and emancipation of the deprived. The government started celebrating the birth anniversary of Kusumagraj as Marathi Rajbhasha Gaurav Din after the Dnyanpeeth awardees demise in 1999.

6) Proceedings of the Event:

Asst. Prof. Ms. Trupti Dongre opened the session by narrating the importance of this day and also broaden some points about Dnyanpeeth award winner V.V. Shirwadkar alias

'Kusumagraj' and his contribution towards the prosperity of Marathi literature. The programme continued by discussing some small motivational stories. The intention here is to give a platform to students to showcase their writing skills.

Mrs. Vaishali Fuley, Director of Umang Geetai College of Women's Education", Nagpur also addressed the crowd with the strong message that don't feel ashamed speaking in your mother tongue, our contribution to preserve the language is not working in a good spirit. Principal Dr. Atul B. Tekade, narrated that how this language will be important for clearing the pronunciation of the difficult words by few examples. At last the video was played explaining the history of Maharashtra and pictured personalities who contributed for making Maharashtra pride.

7) Learning Outcome for Faculty/Students:

- 1. The recent celebrations in Maharashtra have seen significant due to active government involvement.
- 2. Such programme underlines the strength of languages and its impact on the life of the individual.
- 3. It not only makes students aware of the history of the language, but also enlightens them about the literary works available in the language.
- 4. It proved the fact that Science and Literature go hand in hand.
- 5. It encourages students to learn the state language as well read and understand literary works and communicate in it.

On this occasion, a debate competition was organized in the college. Miss. Janhavi Yadav, Miss. Sayali durge, Miss. Chaitali Kumbhare, Miss. Sneha Dhawale, took part in the debate competition. Prof. Trupti Dongre, Prof. Gaurav Gajbe, Prof. Kavita Kanojiya, Prof. Husna Zaki. Prof. Rashmi Uikey, Prof. Roshani Dahare, Prof, Dr. Nirmala Suryawanshi, Prof. Vaishali Shende and all non teaching staff were present in the program.

Conclusion:

Prof. Trupti Dongre proposed the vote of thanks and requested that if we have to save Marathi language from all this hindrance, we have to preserve our root language and suggested everyone not to feel ashamed off to speak in your mother tongue. Sir also narrated example of few words which are fitted in English in everyone's memory whereas no efforts are been made to understand Marathi synonyms for the same.



NSS Head, Prof. Trupti Dongre giving speech to the students



A students from nutrition department giving speech to the students



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2019-20)

1. Title of Activity: "Swami Vivekananda 157th Birth Anniversary"

2. Date & venue: 12th Jan. 2022, Wednesday, BND-I Classroom

https://forms.gle/ZN7LEwQarjmUXUs66, 12:00 pm. To 01.00 pm.

5)

3. Objective of the Event:

- i) To make aware to all students about work of Swami Vivekananda.
- ii) To make aware about value education & importance of educated woman in home.
- iii) To motivate girls in pursuing their dream careers.

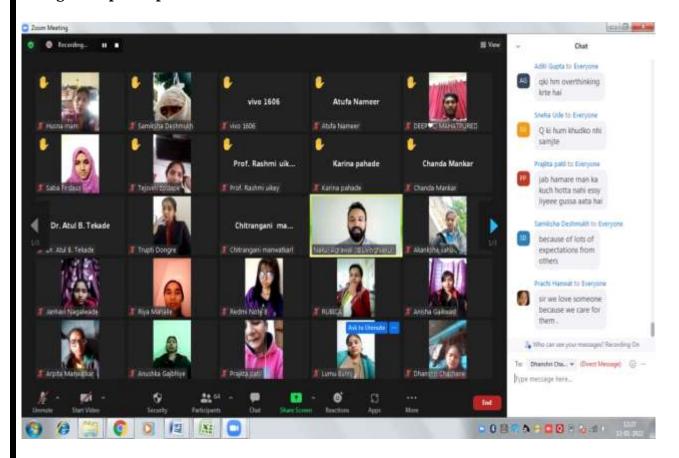
4. Name of the speaker/ Guest:

Nakul Agarwal, The Youngest Mystic, Founder: Renovation foundation, Nagpur Description of activity:

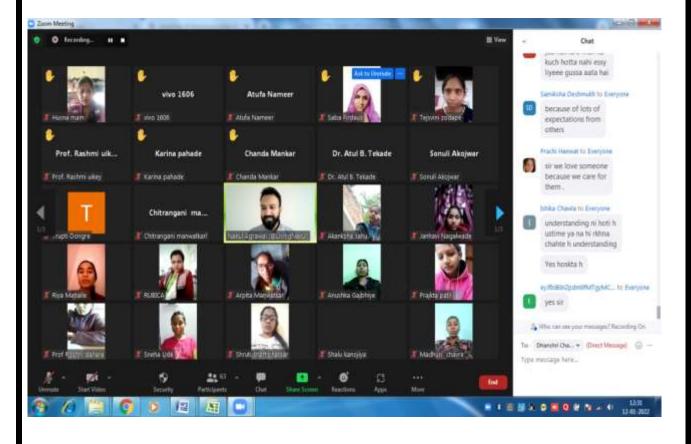
Birth anniversary of Swami Vivekananda, which is marked as National Youth Day was celebrated in Umang Geetai College of Women's Education, Nagpur on 12th January 2022. The celebration commenced with the garlanding of Swamiji's photo by a group of dignitaries and students.

Chief guest, Director Mrs. Vishali Fuley said the illustrious life and deeds of Swami Vivekananda were an inspiration for all. He also said that the development of the country depends on the youth and asked the youngsters to emulate Swami Vivekananda. Principal Dr. Atul Tekade addressed the students and threw light on the life of Swami Vivekananda. Giving reference of world famous Chicago conference, he said that Vivekananda was the only saint who is perceived as Vishwaguru. Vivekananda addressed the Chicago conference with such humble words, "My sisters and brothers of America", that it touched the soul of all present there in Chicago. HODs, Faculty members and students of BND-I Miss. Janhavi

Yadav and Miss. Chaitali Kumbhare also spoke on the occasion. On this occasion a free online webinar was organized for the students. The speaker for the webinar was **Nakul Agarwal**, The Youngest Mystic, Founder: Renovation foundation, Nagpur. Total 64 students of the college had participated in the webinar.



Mr. Nakul Agarwal giving presentation in the webinar





RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: Report on Sanvidhan Jagar- Sanvidhan Janjagruti

(Constitution Awareness)

2. Date & venue: 13th April 2022, Umang College, Nagpur

3. Objective of the Programme-

The Key Objectives of the campaign are

- i) To spread awareness amongst the masses, about the basic tenets and the spirit of the Indian Constitution,
- ii) To include awareness of fundamental duties enshrined in the constitution of India, Qualities of responsible and productive citizen, Importance of the Constitution of India and
- iii) To spread the message of Dr. B. R. Ambedkar on equality and affirmative actions.

4) Description of activity:

The existence and successful survival of 'Democracy' in such diverse conditions is the most celebrated fact about our country and constitution is its backbone. On the occasion of 131st birth anniversary of the Father of Indian Constitution, Dr. B R Ambedkar, 14th April 2022 the Govt. Of India decided to create awareness programme on "Sanvidhan Jagar-Sanvidhan Janjagruti" on 13th April 2022.

In this regard the NSS Unit of "Umang Geetai College of Women's Education", Nagpur in had organized an awareness programme among the students of the college. The chief guest for the program was Mrs. Vaishali Fuley madam, Director, "Umang Geetai college of Women's Education", Nagpur and Dr. Atul Tekade, Principal, Umang Geetai College of Women's Education Nagpur.

The program was started with the lamp lighting to photo of Dr. B. R. Ambedkar by the hands of the chief guest Mrs. Vaishali Fuley. Nutrition & Dietetics student Ku. Harshad Gajbhiye of 1st year introduced the guests of the program.

During the programme Chief Guest Mrs. Vaishali Fuley exhorted the youths of the country to understand the spirit of the constitution and work sincerely to realize its ideals. He said our Constitution was shaped after years of intense discussions and deliberations. The preamble of our constitution begins with "We" and it thus, depends upon all of us how we take our country and our system forward. He said we need to make people aware of their rights as enshrined in the constitution but at the same time make them aware of their duties also as both rights and duties are linked to each other. Without fulfilling duties one cannot enjoy his/her rights, she added. She said through this campaign, people should be made aware that the Constitution guides their lives through its core values of discipline, unity in diversity, freedom, equality, sovereignty and social solidarity. This is necessary to build a 'New India', she added.

Principal Dr. Atul B. Tekade said the preamble of Indian Constitution i.e. India to be a sovereign, socialist, secular and democratic republic which is aiming to secure justice, liberty, equality to all citizens and promote fraternity to maintain unity and integrity of the nation were stressed in his speech as these rights are necessity and are not a privilege.

Vote of thanks for the program was provided by NSS head Prof. Trupti Dongre

Around 48 students, of the college participate enthusiastically in the sessions Teaching staff Prof. Rashmi Uikey, Dr. Nirmala Suryawanshi, Prof. Husna Zaki, Prof. Rubica Narnaware, Prof. Trupti Dongre, Prof. Kavita Kanojiya, Prof. Roshani Dahare, Prof. Priti Mankar, prof. Nisha Girjapure and non teaching staff Librarian, Mrs. Deepali Uikey, Mr. Nilesh Meshram, Mr. Pawan Karmele was present for the webinar.



Preamble reading and pledge taking at the time of Sanvidhan Jagar Programme



संविधान जागर संविधान जनजागृती कार्यक्रम

वार्ताहर / कोराडी

उमंग गीताई कॉलेज ऑफ वूमेन्स एज्युकेशन कोराडी रोड, पांजरा, नागपूर येथे राष्ट्रीय सेवा योजना विभागाद्वारे बुधवार, १३ एप्रिल रोजी संविधान जागर – संविधान जनजागृती कार्यक्रमाचे आयोजन पार पडले.

कार्यक्रमादरम्यान संविधान प्रास्ताविकतेचे वाचन करण्यात आले. महाविद्यालयाचे प्राचार्य डॉ. अतुल टेकाडे यांनी विद्यार्थिनींना संविधानाचे महत्त्व पटवून संविधानाबद्दल जनजागृती करण्याबद्दल विद्यार्थिनींना प्रेरित केले. प्रास्ताविक व आभार प्रदर्शन प्रा. तृप्ती डोंगरे यांनी केले. यावेळी सर्व शिक्षक डॉ. निर्मला सुर्यवंशी,

उमंग गीताई कॉलेज ऑफ वुमेन्स एज्युकेशन, नागपूरचे आयोजन



प्रा. रश्मि ऊईके, प्रा. रोशनी डहारे, रासेयो प्रमुख प्रा. तृप्ती डोंगरे, प्रा. हुस्ना झकी, प्रा. कविता कनोजिया, तसेच शिक्षकेतर कर्मचारी नीलेश मेश्राम, पवन करमेले, दीपाली

उईके, गौरव गावंडे, मधुकर डांगे, कुसूम व वंदना हे कार्यक्रमाला उपस्थित होते. जयंतीनिमित्त एकूण ४८ विद्यार्थिनींनी आपला सहभाग नोंदविला.



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: Report on "Students Day "

2. Date & Venue: 10th Nov. 2021, Umang College, Panjra

3. Description of activity:

Student's Day is celebrated all over <u>Maharashtra</u> on 7th November in honor of B. R. Ambedkar. The Education Department of the Government of Maharashtra decided to celebrate 7 November as 'Student's Day' across the Indian state on 27 October 2017. Despite having a very high standard of scholarship and knowledge, Ambedkar considered himself a lifelong student, and as he became an ideal student, the government declared his school admission day as Student Day. On this day, essay competitions, oratory, poetry reading competitions on various aspects based on Ambedkar's life are organized in all schools and junior colleges in the state.

The NSS unit of the college observed Students Day in honor of B. R. Ambedkar. In this program, garlanding & lighting of the lamp was done by Honourable Director Mrs. Vaishali Fuley & Dr. Atul Tekade, Principal Sir. In the inauguration speech Director Mrs. Vaishali Fuley expressed her views about Dr Bhimrao Ramji Ambedkar. Dr. Atul B. Tekade said that Dr. Babasaheb Ambedkar continues to inspire the millions of people from different generations across the world. The program was started with floral welcoming of the students in the college campus. Prof. Husna Zaki Welcomed all the staff and students. Prof. Priti Mankar given the speech on Vidyarthi Diwas explaining about its importance. Vote of thanks was given by Prof. Priti Mankar.

Tota 54 students were present in the programme. The teaching faculties Prof. Dr. Nirmala Suryawanshi, Prof. Rubica Narnaware, NSS head Prof. Trupti Dongre, Prof. Rashi Uikey, Prof. Roshani Dahare, Prof. Kavita Kanojiya were present. The non-teaching staff Mr. Nilesh

Meshram, Mr. Pawan Karmele and Mr. Gaurav Gawande was also present for the programme.



Inauguration for the program of the Student's Day



Prof. Husna Zaki, Welcoming all students and guests for the program



Principal Dr. Atul B. Tekade giving speech on the Student's Day



उमंग गीताई महाविद्यालय कोराडी येथे विद्यार्थी दिन

वार्ताहर / कोराडी

उमंग गीताई कॉलेज ऑफ वूमेन्स एज्युकेशन पांजरा, कोराडी रोड, नागपूर येथे भारतरत्न डॉ. बाबासाहेब आंबेडकर यांनी प्रथम शाळेच्या उंबरठ्यावर पाऊल ठेवल्यानिमित्त ७ नोव्हेंबर हा दिवस दरवर्षी विद्यार्थी दिन म्हणून साजरा करण्यात आला.

कार्यक्रमाच्या अध्यक्ष वैशाली फुले यांच्या हस्ते बाबासाहेब व सावित्रीबाई फुले यांच्या प्रतिमेला माल्यापंण आणि दीप प्रज्ज्वलन करून कार्यक्रमाला सुरुवात करण्यात आली. प्राचार्य डॉ. अतुल टेकाडे यांनी विद्यार्थिनींना आपल्या भाषणातून सांगितले की, साताऱ्यातील राजवाडा चौकातील प्रतापिसंग शाळेमध्ये ७ नोव्हेंबर १९०० रोजी बाबासाहेबांना दाखल करण्यात आले. शाळेत दाखल करताना त्यांचे नाव भिवा, असे नोंदविण्यात आले आहे.

प्रतापसिंग शाळेच्या दाखल रिजस्टरच्या १९१४ क्रमांकासमोर बालभिवाची स्वाक्षरी आहे. संबंधित प्रशासनाने हा ऐतिहासिक ठेवा आजही जतन करून ठेवला आहे. डॉ. बाबासाहेब आंबेडकर स्वतः शिकले आणि खऱ्या अथार्ने देशाला शैक्षणिक क्रांती व युगांतराची चाहुल लागली. पुढे देशाच्या सर्वांगीण विकासासाठी बाबासाहेबांचे योगदान बहुमोल ठरले. बाबासाहेब आंबेडकर यांचा शाळा प्रवेश दिवस आजच्या विद्यार्थ्यांना प्रेरणादायी ठरावा, इतिहासाला कूस बदलण्याची जाणीव करून देणारा हा दिवस दरवर्षी विद्यार्थी दिन म्हणून शाळा महाविद्यालयातून साजरा करण्याचे महत्त्व समजावले.

याप्रसंगी कॉलेजचे सर्व शिक्षकवृंद प्रा. रुबिका नारनवरे, डॉ. निर्मला सूर्यवंशी, प्रा. तृप्ती डोंगरे, प्रा. हुस्ना झकी, प्रा. रोशनी डहारे, प्रा. रश्मी उईके, प्रा. प्रीती मानकर तसेच सहकर्मचारी नीलेश मेश्राम, पवन करमेले, गौरव गावंडे मधुकर डांगे, दर्शना व वंदना यांनी कार्यक्रमाला उपस्थित राहून विद्यार्थी दिन साजरा केला. प्रास्ताविक प्रा. हुस्ना झाकी, बॅचलर ऑफ न्यूट्रिशन एन्ड डायटेटिक्स विभागाचे तर आभार प्रा. प्रीती मानकर, फॅशन एन्ड ॲपेरल डिजाइन विभाग यांनी मानले.



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111



1. Title of Activity: "Vigilance Awareness Week"

2. Date & venue: 26.10.2021 to 01.11.2021, BND-I Classroom

3. Objectives of the Programme:

i) To make aware about the ill effects of corruption.

ii) To know the importance of being vigilant on corruption

4) Name of the speaker:

Asst. Prof. Rashmi Uikey, Fashion & Apparel Design Department, UGCWE

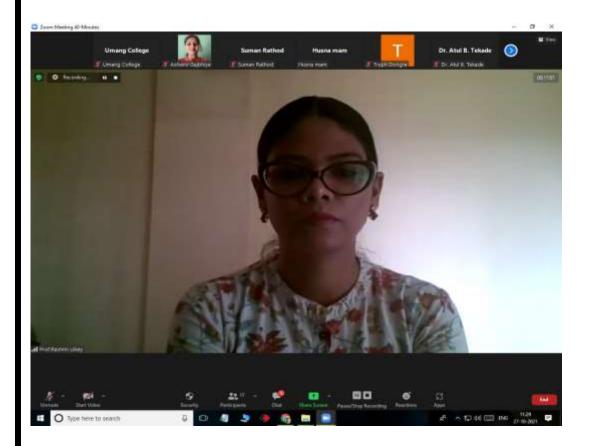
5) Description of activity:

Vigilance Awareness Week is being celebrated every year and coincides with the birthday of Sardar Vallabhbhai Patel, known to be a man of high integrity. In pursuit of the vision of the Government of India to make a New India by the year 2022, which is the 75th anniversary of our independence, the Central Vigilance Commission, as the apex integrity institution of the country, endeavours to promote integrity, transparency and accountability in public life.

The purpose of Vigilance Awareness Week is to generate awareness in the public at large about the ill effects of corruption.

The N.S.S. unit of the college observed the Vigilance Awareness Week-2021 in the college. The observance of Vigilance Awareness Week began with taking of pledge on 30th October 2021, at 11:00 AM in the College by Principal Dr. Atul Tekade to a large gathering that included the staff. Because of COVID-19 the programme was organized only for the teaching

and non teaching staff. Speaking on the occasion, the Hon'ble Director Mrs. Vaishali Fuley stressed the importance of being vigilant on corruption. She called everyone to practice integrity in work and practice. In this webinar total 17 students and 14 teaching & non teaching staff was present. The college has organized an online webinar for the students though Zoom meet. Asst. Prof. Husna Zaki opened the session and provided vote of thanks. Prof. Roshani Dahare, Prof. Trupti Dongre, Prof. Kavita Kanojiya, Prof. Dr. Nirmala Surywanshi, Mr. Nilesh Meshram, Mr. Pawan Karmele, Mr. Rakesh Bhure, Mr. Gaurav Gawande, Shri. Madhukar Dange were Present in the programme.



Asst. Prof. Rashmi Uikey Giving presentation to students

Taking of Integrity pledge by teaching & Noing staffn teach (30/10/2021)

दक्षता जनजागृती सप्ताह

वार्ताहर/कोराडी

स्थानिक उमंग गीताईं कॉलेज ऑफ वूमेन्स एज्युकेशन, नागपूरमध्ये नुकताच दक्षता जनजागृती सप्ताह -२०२१ साजरा करण्यात आला. याप्रित्यर्थ महाविद्यालयात ऑनलाइन वेबिनारचे आयोजन करण्यात आले होते. वेबिनारसाठी महाविद्यालयाच्या सहायक प्राध्यापक रश्मी उईके, फॅशन ॲण्ड ॲपेरेल डिजाइन विभाग आणि सहायक प्राध्यापक हुस्ना झकी, न्यूट्रिशन एन्ड डायटेटिक्स विभाग या प्रमुख वक्ता म्हणून लाभल्या होत्या.

कार्यक्रमाचे संचालन प्रा. हुस्ना झकी यांनी केले. विद्यार्थिनींना प्रेझेटेशनद्वारे जागरूकता अभियान करण्यात आले. कोणतेही काम पार पाडतांना कोणालाही लाच देणे व घेणे हे कायद्याच्या दृष्टीने कसे चुकीचे आहे हे प्रा. रश्मी उईके यांनी आपल्या प्रेझेंटेशनद्वारे विद्यार्थिनींना समजावून सांगितले. कार्यक्रमादरम्यान विद्यार्थिनींमध्ये जागरूकता निर्माण करण्यासाठी ऑनलाइन शपथ ग्रहण आयोजित करण्यात आले होती. सर्व शिक्षक व शिक्षकेत्तर कर्मचारीद्वारे दक्षता जनजागृतीबद्दलची शपथ विधी आयोजित करण्यात आली



RANJANA HOUSING SOCIETY, BEHIND BSNL OFFICE, KORADI ROAD, PANJARA, NARA, NAGPUR-441111

ACTIVITY REPORT (Academic Year 2021-22)

1. Title of Activity: One Day Seminar on "World Diabetes Day"-

"Free Awareness and Checkup Camp"

2. Date & venue: 22nd November 2021, 10.00 am to 12.30 pm

Umang Coellege, Nagpur.

3. Name of speakers:

The resource person of the workshop was Dr. Sunil Gupta, Director, Sunil's Diabetes Care and Research Centre, Pvt. Ltd., Nagpur

4. Objectives of Workshop-

The objectives of this workshop was to aware the students, Teaching and non-teaching staff of the college about Diabetes. These objectives can be set both in the short-term and long-term basis.

- 1) To spread awareness about diabetes in the community.
- 2) Screening and detection of diabetes and its complications in general population by examination— and checking random blood sugar level by using glucometer.
- 3) Prevention of diabetes in community by organizing awareness lectures on importance of diet, physical activity and weight management, routine screening of high risk population and other lifestyle modification strategies.
- 4) Prevention of secondary Diabetes complications by educating the diabetic population about—importance of routine annual screening for complications.

4. Proceedings of the Event:

At 10.00 am, Prof. Rubica Narnaware, Head, Department of Nutrition and Dietetics, introduced the Guest and Resource person Dr. Sunil Gupta, Director, Sunil's Diabetes Care and Research Centre, Pvt. Ltd., Nagpur and his wife Dr. kavita Gupta, Secretary NSI, Nagpur chapter, Nagpur.

5. Description of activity:

Umang Geetai College of Women's Education, Nagpur and National Service Scheme (NSS) & Rotract unit of the college have organized a Free Awareness and Checkup Camp in association with Sunil's Diabetes Care and Research Center, Pvt. Ltd., Nagpur, on 22nd November 2021, on occasion of "World Diabetes Day". All the faculty, Staff and Workers have been part of this program. 14th November is celebrated as the World Diabetes day every year. World Diabetes Day (WDD) was created in 1991 by IDF and the World Health Organization in response to growing concerns about the escalating health threat posed by diabetes. The college has organized exclusive session on the topic of 'Hello Diabetes: Educators Perspective'.

The NSS and Rotract unit of Umang Geetai College of Women's Education, Nagpur organized a full Day Workshop for students, teaching & Non-teaching staff of the college on 22nd Nov. 2021.

The workshop was started with the lamp lighting and garlanding to photos of Goddess Saraswati and Savitribai Fuley by the Hands of Chief Guest Dr. Sunil Gupta, Director, Sunil's Diabetes Care and Research Centre, Pvt. Ltd., Nagpur and Dr. Kavita Gupta, Secretary NSI, Nagpur chapter, Nagpur, Hon'ble Director, Mrs. Vaishali Fuley and Principal Dr. Atul Tekade.

The guest Dr. Sunil Gupta started the workshop with his presentation on topic "'Hello Diabetes: Educators Perspective". He explained about the increase of diabetes patient. Dr. Sunil Gupta asked the participants to try to avoid diabetes by physical exercise, taking controlled food, avoid junk food, check blood sugar frequently and take advice of diabetologist in case of high blood sugar level. As part of our social and outreach initiatives, we regularly conduct free health camps to create awareness about preventive health check and early detection of disease," Dr. Kavita Gupta said.

The checkup camp was highly informative and motivating. The speaker engaged the students in continuous one on one discussion which made it even more interesting. The speaker also answered lots of queries of the audience of the session and the session concluded with a vote of thanks by Prof. Husna Zaki, faculty of Nutrition and Dietetics.

Around 89 students, teaching & Non-teaching staff, and people of local area of the college were benefitted tremendously with these sessions and their engagement with the speaker proved to be an excellent platform to make strong and intelligent decisions for their careers. Teaching staff Prof. Rashmi Uikey, Prof. Husna Zaki, Prof. Rubica Narnaware, Prof. Trupti

Dongre, Prof, Kavita Kanojiya, Prof. Roshani Dahare, Prof. Priti Mankar and non teaching staff Librarian, Mrs. Deepali Uikey, Mr. Nilesh Meshram, Mr. Pawan Karmele was present for the webinar.

Outcome of the workshop-

The beneficiaries of the workshop were able to know

- 1) Felt more comfortable talking about diabetes, learned more and gained new skills to manage diabetes
- 2) all of them agreed that after camp they could make good decisions about their diabetes, even without the family around



Prof. Rubica Narnaware introducting the chief guest of the seminar



Felicitation of chief guest Dr. Sunil Gupta, Director, Sunil's Diabetes Care and Research Centre, Pvt. Ltd.,

Nagpur



Dr. Sunil Gupta, Director, Sunil's Diabetes Care and Research Centre, Pvt. Ltd., Nagpur addressing the students



Students and faculties of the college participating in the check-up camp

'उमंग'मध्ये मोफत तपासणी शिबिर

वार्ताहर / कोराडी

उमंग गीताई कॉलेज ऑफ व्मेन्स एज्युकेशन, कोराडी रोड, पांजरा, नागपुर येथे जागतिक मधुमेह दिवसानिमित्त दि २२ नोव्हे. २०२१ रोजी रासेयो, रोट्रॅक्ट विभाग व सुनील डायबेटिक केयर एन्ड रिसर्च सेंटर प्रा. लि. नागपुर यांच्या संयुक्त विद्यमाने मोफत तपासणी शिबिराचे आयोजन पार पडले. अध्यक्षस्थानी संस्थेच्या अध्यक्ष वैशाली फुले व प्राचार्य डॉ. अतुल टेकाडे उपस्थित होते. कार्यक्रमासाठी प्रमुख अतिथी म्हणून सुनील डायबेटिक केयर एन्ड रिसर्च सेंटर प्रा. ली. नागपूरचे संचालक डॉ. सुनील गुप्ता, डायटिशन व न्युट्शिनिस्ट तसेच न्युट्शिन सोसायटी ऑफ इंडिया, नागपूरच्या सचिव डॉ. कविता गुप्ता लाभले होते. कार्यक्रमाचे संचालन प्रा. रुबिका नारनवरे (न्युट्शिन एन्ड डायटेटिक्स डिपार्टमेंट) यांनी केले व प्रमुख अतिथींचे स्वागत पृष्पगुच्छ देऊन करण्यात आले. या कार्यशाळेमध्ये डॉ. सुनील गुप्ता यांनी मधुमेह आजाराबद्दल सविस्तर माहिती दिली तसेच मधुमेहाचे वेगवेगळे प्रकार सांगुन मधुमेह टाळण्यासाठी उपायांबद्दलसुद्धा मार्गदर्शन केले. तपासणी शिबिरामध्ये संपूर्ण विद्यार्थिनी, शिक्षक, शिक्षिका व शिक्षकेत्तर कर्मचारी यांची मोफत मधुमेह तपासणी करण्यात आली. शिबिरामध्ये महाविद्यालयाच्या न्यूट्शिन एन्ड डायटेटिक्स, फॅशन एन्ड ॲंपेरल डिजाइन आणि बॅचलर एन्ड मॅनेजमेंट स्टडीजच्या सुमारे ६० विद्यार्थिनींनी सहभाग घेतला होता.